



Vertical Chest Press

Keystone | VST700-PL13

Now strength training enthusiasts can target their chest and shoulders with a vertical chest press station featuring an independent converging path of motion that is as natural as it is effective. It's been tested to withstand over a million reps, more than four times the industry standard, and refined ergonomics keep even the most intense sets comfortable. Best of all, our ultra-stable design is as easy-to-use as it is low-maintenance.

Product availability may vary by region.
Please contact your **local office** for more information.



Frame

Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process
Frame Construction	Heavy duty commercial steel frame tubing, robotically welded

Tech Specs

Overall Dimensions	204.1 x 135.8 x 177.8 cm / 80.4" x 53.5" x 70"
Product Weight	156 kg / 344 lbs.
Max User Weight	150 kg / 331 lbs.
Max Training Weight	200 kg / 441 lbs.

Tech Specs	
Starting Resistance	5 kg / 11 lbs. per arm
User Amenities	
Instructional Placards	Muscle call outs, start and finish exercise illustrations, QR code link to how-to videos
Upholstery	Polyurethane molded foam
Elastic Band Peg	Allows elastic resistance training
Weight-storage Horns	4 weight plate storage horns, each fitting up to 5 x 45-lb. Olympic weight plates or 4 x 25-kg Olympic weight plates (capacity depends on plate thickness)
Adjustable Seat	Roller-ratcheting gas assist seat adjustment
Press Handles	Knurled aluminum handle grips